

Science of Coaching Swimming (Science in Coaching Series)

Poems on the Underground: No. 7, Corporate Finance Law in the UK and EU, Vatsyayana`s Kama Sutra, Family Portrait With Fidel: A Memoir, A history of the Scottish people, 1560-1830,

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Each chapter in this reference explains why a particular sport science is important, discusses the central concerns of the science, and provides specific coaching applications for swimming. In addition, the book features over 50 illustrations, a dozen charts, and numerous sample practice hecfran-modelismo.com: Hardcover. Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied. Encuentra Science of Coaching Swimming (Science in Coaching Series) de American Swimming Coaches Association, John Leonard (ISBN: ) en Amazon. Envios gratis a partir de 19€.Format: Tapa dura. Coaching for the whole athlete, because you're more than the sum of your runs. Training in all facets of becoming a better runner. Focus on joy and fulfillment.

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